

Next Level Gym
555 Broadway Ave
Seaside CA 93955

Next Level Gym – Liability Waiver and Release of Liability Agreement

Participant Name: _____

Parent/Guardian Name (if under 18): _____

Address: _____

Phone: _____ Email: _____ Date: _____

1. Acknowledgment of Risk

I understand that participation in activities at Next Level Gym, including but not limited to fitness training, open gym use, youth sports, classes, and related events, involves physical activity and inherent risks of injury. These risks include, but are not limited to:

- Slips, falls, and collisions
- Muscle strains, sprains, or fractures
- Use of fitness equipment or participation in sports-related activities

I voluntarily choose to participate and assume all known and unknown risks associated with such participation.

2. Release of Liability

In consideration for being permitted to use the facilities and participate in programs offered by Next Level Gym, I hereby release, discharge, and hold harmless Next Level Gym, its owners, directors, employees, volunteers, and agents from any liability, claims, demands, or causes of action arising out of or related to any injury, illness, or loss (including death) that may occur as a result of my participation or use of the facility.

3. Medical Authorization

In the event of an injury or medical emergency, I authorize Next Level Gym staff to obtain medical treatment deemed necessary for my safety or my child's safety. I understand that I am responsible for all medical costs incurred as a result of such treatment.

4. Fitness and Health Certification

I certify that I (or my child) am in good physical condition and have no medical condition that would prevent safe participation in gym activities. I agree to inform staff of any health

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concerns before participation.

5. Personal Property

I understand that Next Level Gym is not responsible for any lost, stolen, or damaged personal items that may occur while on the premises.

6. Photo and Video Release

I grant permission to Next Level Gym to use photographs and/or video recordings taken during activities for promotional or marketing purposes without compensation. (☐ Check here if you DO NOT consent)

7. Acknowledgment and Agreement

I have carefully read this Liability Waiver and Release of Liability Agreement, understand its contents, and agree to its terms voluntarily. I understand that by signing this document, I am waiving certain legal rights, including the right to sue or initiate legal action.

Participant Signature: _____

Date: _____

Parent/Guardian Signature (if under 18): _____

Date: _____

Next Level Gym

Address: 555 Broadway Ave, Seaside, CA 93955

Phone: (831) 758-5935

Email: mynextlevelgymnow@gmail.com

Website: <https://www.nextlevelgymnow.com>